

What we are about

The Changing Families Project involves a group of teenagers and adults who help Primary school children cope with changes they have had to face within their family homes. Information shared within the group is confidential and we all respect the rules in the group and listen to what everyone has to say. As well as learning techniques and methods of how to cope with these issues, we also have games and fun activities outside school, to reward the children for their effort and the growing confidence that they gain throughout the course.

